A D A K

VOLUME 1, ISSUE 2

GRIZZLY OF THE GULF

JUNE 1\$T, 2013

WARFIGHTER TRAINING

By LT Kirk Fistick

HIGHLIGHTS This month

TRANSIT THE STRAIT
OF HORMUZ

ESCORT OF LSV5 AND LSV6

TRAVEL TO

DUBAI, UAE MANAMA, BAHRAIN KUWAIT

2ND OUARTER SOO

NEW QUALIFIED MEMBERS IN:

-ANTI TERRORISM
FORCE PROTECTION

-QUARTER MASTER OF THE WATCH

-BOARDING TEAM MEMBERS

-BOARDING TEAM
OFFICERS

-INPORT OFFICER OF THE DECK

MONTHLY Stats

DURING THE ACTION
FILLED MONTH OF JUNE
ADAK TRAVELED A DISTANCE OF 3323.3 NAUTICAL MILES, AND FUELED
THE SHIP WITH 8011
GALLONS OF DIESEL.

During the month of June, ADAK participated in Warfighter training, a three-day, quarterly exercise. ADAK conducted the event with our sister ships, MONOMOY and WRANGELL, as well as the USS SIROCCO. Warfighter training is a dedicated drill period in which patrol boats can improve tactical proficiency in various operations, train new personnel and learn new tactics in a less stressful environment. The end goal is to hone the skills of the patrol forces to ensure that we represent our country well in international exercises and have the necessary training to fight our ships in the event of a hostile engagement.

Our small training fleet completed a number of drills that, while demanding, were also a lot of fun. We conducted day and night diversionary tactics consisting of synchronized fleet movements intended to deceive and confuse the enemy. Diversionary tactics training is a lot of fun for bridge personnel because it not only requires effective communication and precise ship handing but also provides great photo opportunities. Our boatswain mates also conducted some important training exercises including multiple small boat operations in heavy seas and simulated













boarding evolutions on each other's ships. Late into the evening and early morning we continued to train by steaming in format, by reviewing lessons learned for the day and by conducting publication exercises in order to sharpen watchstanders' knowledge. Perhaps the most adrenaline-filled exercise was the high-speed gunnery event during which we fired every weapon on the cutter while conducting high speed turns.

The training was great, especially for our new

crewmembers. Personally, one of the highlights of Warfighter training was reuniting underway with a former shipmate. LT Lara Johnson, our destroyer squadron training officer, and I served together on our previous tours at Afloat Training Group Pacific where we coordinated training for the Coast Guard's Pacific fleet. It was a great to have Lara on board training once again and to work with her to accomplish a successful training event for our Navy and Coast Guard patrol fleet at sea.

THE CAPTAIN'S CORNER

Friends, Family and Shipmates,

I hope this month's newsletter finds you well. This past June ADAK conducted a host of missions spanning the entire geographic area that we sail, from the far northern part of the Arabian Gulf all the way to the Gulf of Oman. Some of the more memorable experiences were participating in a Nautical Union, a multinational exercise, and transiting the Strait of Hormuz.

Since our last installment, ADAK's crew has coalesced, with many of the "summer" crewmembers settling into their new positions. Led by our command chief, Chief Weaver, our "winter" shipmates that have been on board for more than six months expended considerable effort to seamlessly integrate their new shipmates. In the coming months these "winter" crewmembers will begin to take much-deserved rest and recuperation (R&R) leave, the summer crewmembers will step into positions of



increased responsibility and the cycle of shipboard life will continue. We will miss our shipmates, who out here are also our family. However, I am excited for those headed home as it is an important time to reconnect with family and friends while at the same time rejuvenating their mental and spiritual fortitude for the remaining months of their tours.

Finally, and most impor-

tantly, I would like to send a deep and heartfelt "thank you" to Janice Powell and the Philadelphia law offices of Drinker, Biddle & Reath LLP. Every month for the last nine years, Janice has been sending care packages to the crew of ADAK filled with goodies ranging from cookies to toiletries. And Drinker, Biddle & Reath LLP has generously paid for each shipment. Janice has been sending these boxes since June of 2004, when her neighbor, Michael "Rocky" Bazis, was serving on board ADAK. He returned home, but Janice kept sending the care packages. The crew has always been grateful, but overtime the source of the care packages was lost. Thank you, Janice and Drinker, Biddle & Reath LLP, for your dedication to ADAK and her Coast Guardsmen.

Congratulations to SN Frank lannazzo-Simmons on his much deserved selection as ADAK's Sailor of the Quarter!









































QUALIFICATIONS AND ADVANCEMENTS

Life on a 110' patrol boat can be rough, tiresome, and just overall exhausting. Did I mention the qualifications? Our Adak brothering have put in an extensive amount of time and work to become contributing qualified members.

01JUN13-01JUL13

Mk3 Sanderson: Inport Officer of the Deck

MK2 Kozak: Inport Officer of the Deck

SN Guenther: Inport Officer of the Deck

GM2 Padula: Quartermaster of the Watch

FN Murphy: Inport Officer of the Deck, Engineer of the Watch

BM1 Kimbrell: Boat Crewman, Crane Operator

BM2 Hofmann: Boat Crewman, Training Petty Officer

EM1 Pavloff: Boat Deck Captain

SN lannazzo-Simmons: Sailor of the Quarter

Keep up the great work shipmates.



Well, it has finally happened. CGC ADAK is officially sailing with a full and finalized crew. Indeed, we onboard have already grown fond of one another. And if you take a deeper look into who makes up ADAK's family, it may surprise you. We have personnel from all over the country and from all different platforms--from the cold Arctic of Alaska and the wild and warm waters of the Florida Keys, from patrol boats, small stations, large cutters and even from the famous Barque EAGLE, all of which have sheltered the crewmembers who now call ADAK their home. So without further ado, we give you a chance to meet the 2013-2014 crew of the mighty CGC ADAK (WPB-1333), "The Grizzly of the Gulf."

THE COMMAND

As the front guard of Coast Guard forces, the command onboard ADAK is a prime example of leadership. Continuously putting the mission above all else, and with great sacrifice, the command ensures that the crew performs at 100% at all times and that all members have a full understanding of ADAK's missions and how they relate to US national security. Our command is in charge of coordinating training schedules, overseeing the overall safety of evolutions, and providing career guidance to members. The command also ensures timely transportation to and from various ports of call along the Arabian peninsula for the crew's personal and professional needs and looks out for the crew's general well-being. Our 2013 command comprises CO LT Kirk Fistick, XO LTJG Katie Spira, OPS LTJG Jared Korn, and Command Chief MKC James Weaver.



LT KIRK FISTICK



LTJG KATIE SPIRA



LTJG JARED KORN



MKC JAMES WEAVER



The Operations Department is made up of several different rates including boatswains mates, operations specialists, gunners mates, electronics technicians, a non-rate, and an officer. All help to create this outstanding group, which is in charge of ensuring ADAK's safe navigation, repairing and maintaining the ship's electronics, maintaining and destroying codes, composing and deciphering messages, maintaining a fully functioning armament, and planning the meals consumed onboard.



FS1 ERIC CRONRATH



LTJG JARED KORN



SN IANNAZZO-SIMMONS



ET2 JERRY ENGELMAN



OS1 DAVID NEUNER



GM2 VINCENT PADULA



GM2 CHRIS YOUNG



BM2 PARKER HOFMANN



BM1 PATRICK KIMBRELL



BM1 KEVIN KNUTSEN



EM1 NICHOLAS PAVLOFF

MK1 SCOTTY BASKINS MKC JAMES WEAVER







It may come as no surprise that the Engineering Department has by far the hardest job on the cutter. Stateside, a typical 110' patrol boat runs for approximately 1800 hours a year. ADAK runs that amount in about half the time. Not only that, but this department faces all kinds of challenges including possible engine failures, generator casualties, refrigerant issues, and more. In port and underway this department maintains a clean and proficient plant and fixes any discrepancy that may arise with a sense of urgency and knowledge. This elite group comprises Chief James Weaver, MK1 Scotty Baskins, EM1 Nicholas Pavloff, MK2 Gavin Kozak, MK3 Jordan Sanderson, and last but certainly not least FN Joseph Murphy. Don't let all the hard work fool you though. Although the cutter comes before just about everything else out here (besides family, of course) these guys have a fun and goofy side that often helps pass the time on extensive and vigorous work days.

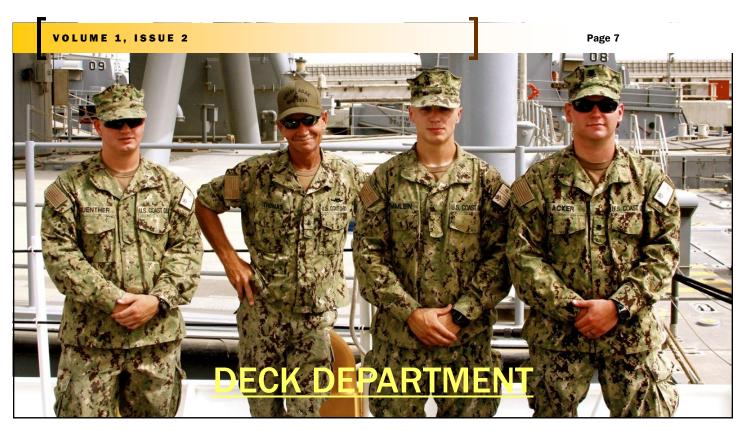






MK2 GAVIN KOZAK

FN JOSEPH MURPHY MK3 JORDAN SANDERSON



The Deck Department is one of the smaller departments onboard ADAK, but that means nothing in light of their work load. Duties of the Deck Department include but are not limited to conducting fresh water wash downs, sanding, painting, line splicing and tying, and fancy work. The Deck Department comprises Chief Robert Thomas, BM2 Stephen Acker, SN Charles Kemmlein, and SN Andrew Guenther. No job comes easy with such a small amount of people, but with hard work and a lot of coffee they get the job done.









SN ANDREW GUENTHER

SN CHARLES KEMMLEIN

BM2 STEPHEN ACKER

BMC ROBERT THOMAS

Shipmates, friends, and family. This is the our second monthly newsletter issue. I received some great feedback and am pleased to hear that friends and family enjoy seeing and reading about what we are doing out in the gulf. If there is anything you would like to see or hear about please let me know. I am open to any and all ideas. Check out our new website at http://www.uscg.mil/lantarea/cgcadak/. Again thank you and I hope you enjoy.

Very Respectfully,

SN Frank J. lannazzo-Simmons

Contact me at: Frank, J. lannazzosimmons@uscg.mil OR frankisimmons90@gmail.com

























SN FRANK
IANNAZZO-SIMMONS
SAILOR OF THE QUARTER

This quarter onboard ADAK, the crew nominated SN Frank J. Iannazzo-Simmons to be the Sailor of the Quarter. SN Iannazzo-Simmons has earned the title of an "All-Rate" given his hard work and dedication not only to his department, but to all other departments who needed or requested help. Quickly qualifying in all of his roles and displaying great knowledge and proficiency in each task he undertook are just a few of his noted accomplishments. Keep up the hard work and BRAVO-ZULU shipmate!